

Mannings Food Menu

FOOD SERVED BETWEEN 11AM and 9.30PM

If you have any special dietary requirements or allergies please let us know

Starters

Marinated Mixed Olives With crusty white bread	£4.95
Today's Fresh Soup With a selection of mixed bread	£4.95
Smoked Salmon Plate With mixed leaves and multi seeded bread	£8.25
Wok Fried Cornish Squid Satay Style Straw vegetables and bean sprouts, with a peanut dressing	£7.25
Cornish Seafood Bisque Made with crab, prawns, fresh fish stock, sherry and cream, mixed bread	£5.95
Spiced Coconut Crusted Deep Fried Goat's Cheese Spring onion, cucumber salad, mango and coriander dressing	£7.50
Crisp Hot and Sour Vietnamese Pork Crisp endive leaves and toasted salted puy lentils	£6.95
Pan Fried Chicken Livers and Chorizo Sausage Toasted pumpkin and caramelised orange vinaigrette, with watercress salad	£6.95
Deep Fried Herb Crusted Mushrooms Feta cheese and sun blushed tomato stuffing, homemade aioli and mixed leaves	£6.95
Bruschetta to Share Topped with shredded duck, spring onion and hoisin dressing	£7.95
Bruschetta to Share Topped with olives, sun blushed tomatoes, red onion and glazed with mozzarella cheese	£6.95

Mains

Chargrilled Chicken and Bacon Salad	£12.95
Tossed mixed leaves, green grapes, sweet peppers and toasted croutons, Dijon mustard and tarragon vinaigrette. With toasted garlic focaccia	
Goujons of Fish	£11.95
Strips of local fish deep fried in a light tempura batter, salad garnish, fries and garlic mayonnaise	
Tempura Fish or Chicken	£13.95
On stir fry vegetables and chilli noodles	
Catalan Fish Stew	£13.95
Cuts of local sea fish and shellfish in a rich tomato, fennel, garlic and chorizo broth, finished with ground almond. With a side order of bread	
Mannings Lamb Hot Pot	£13.95
Slow braised, diced shoulder of West Country lamb, topped with baked sliced potato. With your choice of side dish	
Classic Homemade Burger	£9.95
Mayonnaise, lettuce, tomato and onion served in a floured bap with fries or house salad	
Or add any two of the following: bacon, cheese, dill pickle, mushrooms	
Mannings Moroccan Vegetarian Bean Burger	£7.95
Glazed with cheese, tagine fruit chutney, with fries or house salad	
Homemade Baked Cannelloni	£10.95
Pasta tubes stuffed with spinach, nutmeg and ricotta cheese, baked in rich tomato and béchamel sauces. With a side order of garlic focaccia	
Blackened or Chargrilled Chicken	£10.95
With basil oil and cherry tomatoes. 2 side orders of choice	
Cornish Hand-Cut Fillet Steak	£21.95
With plum tomato, field mushroom and port wine jus. Side order of your choice	
Cornish Hand-Cut Rib Eye Steak	£19.95
With plum tomato, field mushroom and port wine jus. Side order of your choice	
Mannings Shredded Rump Steak Sizzler	£12.95
With sautéed new potatoes, mushroom, onion and Stilton cheese	

SIDE DISHES

£3.00 each

French fries	Mixed bread
House salad	Pan fried mushrooms
Buttered new potatoes	Sweet chilli noodles
Toasted garlic focaccia	Steamed broccoli, green beans and carrots

Desserts

Homemade Warm Spiced Plum Sweet Pastry Tart Served with Rodda's clotted cream, Cornish ice cream or custard	£5.25
Homemade Triple Chocolate Delice Parfait Light and dark chocolate mousse set on a chocolate and ginger biscuit base. Served with Rodda's clotted cream or Cornish ice cream	£5.95
Homemade Caramel Meringue, Banoffee Ice Cream Sundae	£5.25
Roskilly's Ice Cream Ask your server for todays flavours	£5.95
Roskilly's Sorbet Ask your server for todays flavour	£5.25
Selection of Local and Farmhouse Cheeses With grapes, chutney and mixed biscuits	£6.95

ASK TO SEE OUR DAILY DESSERT SPECIALS