

Mannings Food Menu

FOOD SERVED BETWEEN 11AM and 9.30PM

If you have any special dietary requirements or allergies please let us know

Starters

Marinated Mixed Olives With mixed bread	£5.25
Today's Fresh Soup With a selection of mixed bread	£5.25
Smoked Salmon Plate With mixed leaves and multi seeded bread	£8.50
Locally Smoked Hog's Pudding Pan fried with crisp new potatoes and chestnut mushrooms, set in a mixed leaf basket and topped with a soft poached egg	£7.50
Locally Smoked Haddock, Leek and Potato Broth Finished with lemon and tarragon crème fraîche and toasted croutons. Served with homemade soda bread	£5.95
Oven Baked Goat's Cheese With local honey, fire roasted sweet red peppers, rocket and black pepper salad	£7.50
Fresh Crevettes Sautéed with lemon, garlic and white wine OR ask for today's alternative style. Served with salad garnish and fresh mixed bread	£8.50
Grilled West Country Pigeon Breast (served pink) Crisp fennel, pink grapefruit, pickled red onion and mixed leaf salad	£7.50
Cold Grazing Platter for Two Homemade hummus, cream cheese stuffed sweet chillies, feta and olive salad, tzatziki, tabbouleh and vegetable crudités with homemade toasted soda bread	£11.95
Bruschetta to Share Topped with Caribbean jerk chicken and pineapple, glazed with cheese	£6.95
Bruschetta to Share Topped with garlic and tarragon baked Portobello mushrooms, glazed with blue cheese	£6.95

Lunch

Our baguettes, sandwiches and omelettes are served between 11am and 5pm

SANDWICHES

Locally made, Moroccan Spiced Lamb Sausage Melt £8.25
With red onion marmalade and toasted mature Cheddar cheese, in warm focaccia bread
Served with fries or house salad

**Toasted Bagel Filled with Flash Fried Locally Smoked Mackerel,
Smoked Salmon and Plump Prawns** £8.95
With lemon and chive cream cheese and shredded iceberg lettuce. Served with fries or house salad

Open Roasted Beef, Horseradish and Rocket Sandwich £8.95
Served on homemade soda bread. Served with fries or house salad

Glazed Brie, Cranberry and Rocket Melt £7.95
With toasted focaccia bread. Served with fries or house salad

BAGUETTES

Steak with Mushrooms and Onions £8.50
Served with fries or house salad

Barbeque Style Chicken £7.50
Pan fried shredded chicken breast with onions and peppers tossed through a smokey barbeque sauce (optional). Served with fries or house salad

OMELETTES

Spanish Omelette - Potatoes, Red Onion and Peppers £8.50
Served open faced with fries or house salad

Cheese, Ham, or Mushroom £8.50
With fries or house salad

OR

Choose **THREE** ingredients from the list below and have the Omelette served open faced and glazed with Mozzarella and Cheddar Cheeses £9.25

Mushrooms	Parmesan shavings	Homemade pesto
Smoked salmon	Olives	Prawns
Smoked mackerel	Rocket	Bacon
Ham	Goat's cheese	Spicy sausage
Sun blushed tomatoes	Barbeque sauce	

Mains

Chargrilled Chicken and Bacon Salad	£12.95
Tossed mixed leaves, green grapes, Romano peppers and toasted croutons, homemade basil pesto vinaigrette dressing and fresh parmesan shavings. With toasted garlic focaccia	
Goujons of Fish	£11.95
Strips of local fish deep fried in a light tempura batter, salad garnish, fries and garlic mayonnaise	
Tempura Fish or Chicken	£13.95
On stir fry vegetables and chilli noodles	
Roast Cornish Hake Steak	£13.95
Saffron, local mussel and potato broth, finished with lemon and shredded flat leaf parsley	
Piri Piri Roasted Whole Chicken Breast	£11.95
Served with mixed salad and Patatas Bravas – a potato dish flavoured with onions, garlic, tomato and sweet paprika	
Classic Homemade Burger	£9.95
Mayonnaise, lettuce, tomato and onion served in a floured bap with fries or house salad	
OR add any two of the following: bacon, cheese, dill pickle, mushrooms	£10.95
Mannings Moroccan Vegetarian Bean Burger	£7.95
Glazed with cheese, tagine fruit chutney, with fries or house salad	
Manning's Chunky Vegetable and Three Bean Chilli	£10.95
Served with braised rice, toasted tortilla wraps and sour cream	
Blackened or Chargrilled Chicken	£10.95
With basil oil and cherry tomatoes. 2 side orders of choice	
Cornish Hand-Cut Fillet Steak	£21.95
With plum tomato, field mushroom and port wine jus. Side order of your choice	
Cornish Hand-Cut Rib Eye Steak	£19.95
With plum tomato, field mushroom and port wine jus. Side order of your choice	
Mannings Shredded Rump Steak Sizzler	£12.95
With sautéed new potatoes, mushroom, onion and Stilton cheese	

SIDE DISHES

£3.00 each

French fries

Mixed bread

House salad

Pan fried mushrooms

Buttered new potatoes

Sweet chilli noodles

Toasted garlic focaccia

Steamed broccoli, green beans and carrots

Desserts

Homemade Chocolate and Orange Tart Served with Rodda's clotted cream or Cornish vanilla ice cream	£5.95
Double Chocolate Black Forest Ice Cream Sundae Moist chocolate sponge layered with black cherries, Rodda's clotted cream, Cornish chocolate and vanilla ice cream	£5.95
Homemade Key Lime Pie Served with Rodda's clotted cream or Cornish vanilla ice cream	£5.95
Roskilly's Ice Cream Ask your server for todays flavours	£5.25
Roskilly's Sorbet Ask your server for todays flavour	£5.25
Selection of Local and Farmhouse Cheeses With grapes, chutney and mixed biscuits	£6.95

[ASK TO SEE OUR DAILY DESSERT SPECIALS](#)

Perfect Dessert Accompaniments

Château de la Peyrade, NV Muscat de Frontignan, South of France A truly intense, fresh pure Muscat. Perfect lightly chilled with fruit desserts	125ml	Half btl	£4.85	£14.50
Taylor's Port Late bottled vintage port from Portugal, rich, fruity character. Perfect with cheese or on its own			£3.50	